

saffron salad

Serves 4

Ingredients

4 carrots	1 cucumber
1 lettuce	1 teaspoon of saffron confit
2 tablespoons of oil	1 lemon juice
1 tablespoon of liquid cream	100 g of feta or goat cheese
0,1g of saffron	salt, pepper

Method

On the day before cooking, leave 0,1g of saffron to infuse in 2 tablespoons of oil and a lemon juice.

Arrange the lettuce in a salad bowl, add the grated carrots and a sliced cucumber.

Mix the infusion with a teaspoon of saffron confit and a tablespoon of liquid cream and a pinch of salt and pepper.

Sprinkle the salad with the saffron sauce