

Measures et proportions

Sauces :

0.1g (1 dose) for 250g of fresh cream.

Rice and pasta :

0.2g (2 doses) for 500g of rice, pasta...

Sweets and desserts:

0.05g (1/2 dose) for ½ l of milk.

Bread and cakes :

0.1g(1 dose) for 500g of flour.

Seasoning:

0.8g(8 doses) for 1l of vinegar, 1l of oil

Cocktails :

0.8g for 1 l of white or red wine.

NOTIONS of WEIGHT

	1000mg 10 .doses 32.90€	500mg 5 .doses 21.90€	100mg 1dose 5.30€	2mg
gramme	1	0.5	0.1	0.002
.Nb .stigmas	500	250	50	1
Nb plates	100	50	10	
Cost/plate	33cts	44cts	53cts	