

safran **oct8bre** occitan

The infusion

Always caring about the satisfaction of its clients, oct8bre has preferred individual dose packaging.

To prepare a dish for approximately ten people, bring water to the boil , fill the 100mg dose with the simmering water, put back the lid and leave to infuse for 4 hours minimum, the ideal is to let it infuse for 24 hours to liberate all the aromas and pigments.

The next day, you will have an amazing infusion with a enchanting colour.

This precious infusion will be added at the end of the cooking process in order to keep the subtlety of the aromas. A long boil or a frying would destroy the aromatic molecules and would only leave the pigments.